

Thursday Lecture Series at Eagle Hill

## Foraging for Mushrooms: Grand Adventures and Possible Pitfalls with Greg Marley

Thursday, August 4, 7:30 pm

Most people who collect and identify mushrooms are driven by a hunger for their great edible potential, the unique flavor and their nutritional and health benefits. Many who avoid wild mushrooms are caught up in the fear of mistaking a poisonous mushroom for an edible look alike. Both the hope and fear, the bounty and the gut-wrenching illness are among the possible outcomes of a mushrooming outing, though serious illness across America is pretty unusual. Come learn about the Maine's wild mushrooms. This talk will cover the best tasting, easily identified edibles that anyone can confidently collect as well as the worst of the toxic mushrooms found in Maine's forests and fields. Learn about the great opportunity to sustainably collect world-class gourmet edible mushrooms as well as medicinal mushrooms prized for health promotion as you enjoy a walk through the woods and fields. The only thing standing in the way is having the knowledge and confidence to tell the good edible mushrooms from those toxic ones that can sicken you.

Join Maine's most prominent mushroom expert for a talk supported by fresh seasonal mushrooms and stunning photos of our local favorites as we walk the path of the locavore mushroomer. Marley will have copies of his books available for sale and signing after the talk.



Greg Marley has been collecting, studying, eating, growing and teaching mushrooms for over 35 years. Marley has spread his love of mushrooms to hundreds through walks, talks and classes held across the state over the past 20 years. He is the founder of Mushrooms for Health, a small company providing medicinal mushroom education and products made with Maine medicinal mushrooms. Marley is the author of *Mushrooms for Health; Medicinal Secrets of Northeastern Fungi*, (Downeast Books, 2009) and *Chanterelle Dreams, Amanita Nightmares; The Love Lore and Mystic of Mushrooms*, (Chelsea Green, 2010). He is a volunteer mushroom identification consultant to Poison Control Centers across New England, providing expertise in mushroom poisoning cases. He is a frequent lecturer to college groups and a mushrooming foray faculty member. When not mushrooming, Marley, a clinical social worker gives training and technical support directed toward suicide prevention through the Maine Youth Suicide Prevention Program.

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